













Ichiro's Words and His Processes	
"Try a little harderover and over again" (0:45)	Perseverance
"I make sure I prepare 100%" (1:57)	Preparation
"all my passion & energy into" (4:08)	Joy, Dedication
"I try to overcome" (4:36)	Perseverance
"I can discern my limits" (4:42)	Self Awareness, Perseverance













