Optional Article

In New York City, a Ban on Weight and Height Discrimination Is Signed Into Law (edited)

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Mayor Eric Adams on Friday signed into law a ban on discrimination in New York City based on a person's weight.

The law adds weight and height to the list of characteristics that are protected from discrimination, along with race, gender, age, religion and sexual orientation, and will apply to employment, housing and access to public accommodations.

The law is part of **a growing national campaign to address weight discrimination**, with lawmakers in New Jersey and Massachusetts considering similar measures. Michigan and Washington State already prohibit it, as do some cities, like Washington, D.C.

Some business leaders and Republicans had expressed concerns about the bill, including Kathryn S. Wylde, president of the Partnership for New York City, a business advocacy group, who said that it could be an onerous mandate for companies and would place a burden on regulators and the judicial system.

Self-Reflection Critical Thinking Questions:

1. In your first impression of a person, do you find yourself judging them by their weight?

2. If so, how can you change?